

TAKE AWAY
MENY

SUSHI  TERIA



Knapstad 41222252

Langhus 41221452



ALLERGENER

G ~	Gluten (hvete)	SE~	Sesam
F~	Fisk	E~	Egg
SK~ S	Skalldyr	M~ N	Melk
~	Soya	~	Nøtter (cashew , peanøtter)
B ~	Bløtdyr		

Alle våre sushiretter serveres med Wasabi. Wasabi inneholder sennep.



NIGIRI

1 stk / 1 bit

NIGIRI LAKS

Allergener: F

kr. 25,-



NIGIRI TUNA/TUNFISK

kr. 35,-



Allergener: F

NIGIRI SCAMPI

kr. 35,-



Allergener: SK

NIGIRI KVEITE

kr. 35,-



Allergener: F

NIGIRI KAMSKJELL

kr. 40,-



Allergener: SK, B

NIGIRI AVOCADO

kr. 22,-



NIGIRI WASABI

kr. 45,-



KVEITE

Allergener: G, S, E, M, F

FLAMBERT NIGIRI

1 stk / 1 bit

FLAMBERT LAKS

kr. 30,-

Allergener: F, S, SE, E



FLAMBERT TUNA

kr. 40,-

Allergener: F, S, SE, E



FLAMBERT SCAMPI

kr. 40,-

Allergener: F, S, SE, E, SK



FLAMBERT KVEITE

kr. 40,-

Allergener: F, S, SE, E



FLAMBERT KAMSKJELL

kr. 45,-

Allergener: F, S, SE, E, SK, B



HOSOMAKI

6 stk / 6 biter

LAKS

kr. 75,-

Allergener: F, SE

TUNA

kr. 80,-

Allergener: F, SE

SCAMPI

kr. 75,-

Allergener: SK, SE

AVOCADO

kr. 70,-

Allergener: SE

AGURK

kr. 70,-

Allergener: SE



MIX MENYER

16 biter Mix Meny

kr 260,-

MAKI m/TEMPURA SCAMPI /
8 BITER

NIGIRI LAKS / 5 BITER

NIGIRI SCAMPI / 1 BIT

NIGIRI KVEITE / 1 BIT

NIGIRI TUNA / 1 BIT

20 biter Mix Meny

kr 370,-

TEMPURA MAKI LAKS / 8 BITER

NIGIRI LAKS / 6 BITER

NIGIRI KVEITE / 2 BITER NIGIRI

TUNA / 2 BITER

“KOKKENS VALG” / 2 BITER

16 biter Mix Meny «Bare laks»

kr 240,-

SPICY MAKI LAKS / 8 BITER

NIGIRI LAKS / 8 BITER

30 biter Mix Meny

kr 490,-

SPICY MAKI KVEITE / 8 BITER

SPICY MAKI TUNA / 8 BITER

PHILADELPHIA MAKI / 8 BITER

NIGIRI LAKS / 2 BITER

NIGIRI SCAMPI / 2 BITER

NIGIRI KAMSKJELL / 2 BITER



ALLERGENER:

Alle Mix menyer inneholder: G, F, SK, S, SE, E

30 og 64 biter Maki Mix menyer inneholder i tillegg: M

MIX MENYER

32 biter Mix Meny

kr 490,-

TEMPURA MAKI LAKS /
TEMPURA MAKI 8 BITER

CALIFORNIA / 8 BITER

SPICY MAKI LAKS / 8 BITER

NIGIRI LAKS / 4 BITER

NIGIRI SCAMPI / 4 BITER

50 biter Mix Meny

kr 780,-

DBL CRISPY SCAMPI / 8 BITER

SPICY MAKI LAKS / 8 BITER

SPICY MAKI TUNA / 8 BITER

MAKI m/TEMPURA SCAMPI /
8 BITER

NIGIRI LAKS / 10 BITER

NIGIRI SCAMPI / 2 BITER

NIGIRI TUNA / 2 BITER

NIGIRI KAMSKJELL /
2 BITER

NIGIRI KVEITE / 2 BITER

64 biter Maki Mix

kr 970,-

TEMPURA MAKI SCAMPI
/ 8 BITER

CRISPY MAKI KYLLING /
8 BITER

CHEDDAR MAKI / 8 BITER

SAKURA MAKI / 8 BITER

SPICY MAKI LAKS / 8 BITER

SPICY MAKI KVEITE / 8 BITER

MANGO MAKI / 8 BITER

TEMPURA CALIFORNIA MAKI
/ 8 BITER



MAKI 8 stk / 8 biter

LAKS

Laks, avocado

kr. 130,-

Allergener: F, SE

CALIFORNIA

Crabstick, avocado, agurk, masago

kr. 120,-

Allergener: F, SK, SE, E, G

TEMPURA SCAMPI

Scampi, avocado

kr. 130,-

Allergener: G, SK, S, SE

SPICY KVEITE

Kveite, agurk, chilimayones, vårløk

kr. 150,-

Allergener: F, SE, E

SPICY LAKS

Laks, agurk, chilimayones

kr. 130,-

Allergener: F, SE, E

SPICY KAMSKJELL Kamskjell,

agurk, chilimayones

kr. 160,-

Allergener: F, SK, SE, E, B

SPICY SCAMPI

Scampi, agurk, chilimayones

kr. 140,-

Allergener: F, SK, SE, E

SPICY TUNA

Tunfisk, agurk, chilimayones

kr. 155,-

Allergener: F, SE, E



FUTO MAKI 6 stk / 6 biter

FUTO MIX MAKI

Tempura scampi, kremost, laks, avocado, agurk.

kr. 165,-

Allergener: G, F, SK, S, SE, M

TEMPURA SCAMPI

Avocado, agurk, chilimayones.

kr. 160,-

Allergener: F, G, SK, S, SE, E



TEMPURA MAKI

8 stk / 8 biter

TEMPURA VEGETAR Agurk,
avocado, kremost
Allergener: G, S, SE, M

kr. 140,-



TEMPURA CALIFORNIA

Crabstick, avocado, masago
Allergener: G, F, SK, S, SE, E

kr. 150,-



TEMPURA LAKS

Laks, avocado
Allergener: G, F, S, SE

kr. 160,-



CRISPY KYLLING MAKI Kylling,
ingefær, chilimayones
Allergener: G, F, SE, S, E

kr. 160,-



DBL CRISPY SCAMPI
Scampi, avocado, chilimayones
Allergener: G, SK, S, SE, E

kr. 160,-



TACO KYLLING MAKI
Kylling, avocado, taco saus, taco krydder,
tortilla chips, jalapeno emulsjon.
Allergener: G, S, SE

kr. 180,-



FLAMBERT MAKI

8 stk / 8 biter

TARTAR MAKI Laksetartar, tempura scampi, masago, avocado, miso dressing, chilimayones.

Allergener: G, F, SK, S, SE, E

Denne retten selges kun på Knapstad

kr. 180,-



BIFF MAKI

Biff, tempura scampi, avocado, fersk pepperot, sprøstekt løk, wasabi saus.

Allergener: G, F, SK, S, SE, E, M

kr. 225,-



TSUBAKI MAKI

Laks, agurk, kamskjell, sprøstekt løk, miso dressing.

Allergener: G, F, SK, S, SE, E, B

kr. 205,-



FLAMBERT KVEITE MAKI

Kveite, agurk, crabstick, avocado, masago

Allergener: G, F, SK, S, SE, E, G

kr. 190,-



FLAMBERT JALAPENO MAKI Laks, avocado, agurk, syltet jalapeno, jalapeno emulsjon.

Allergener: G, F, S, SE, E

kr. 190,-



FLAMBERT TUNA

Tuna, tempura scampi, avocado, kimchινόtter, røkt unagi.

Allergener: G, F, SK, S, SE, E, N

kr. 195,-



SPESIAL MAKI

8 stk / 8 biter

LAKS OG CRUNCHY

Laks, avocado, chilimayones, crunchy.

Allergener: G, F, S, SE, E,

kr. 160,-



SAKURA MAKI

Laks, tempura scampi, avocado, wasabi saus, crunchy.

Allergener: G, F, SK, S, SE, M

kr. 195,-



GREEN CHIKEN MAKI

Tempura kylling, avocado, nøttedressing

Allergener: G,S,SE,E,NI

kr. 185,-



RAINBOW MAKI

Laks, tuna, scampi, kveite, avocado, kamskjell, crabstick, lakserogn, agurk, masago.

Allergener: F,SK,S,SE,E,B,G.

kr. 195,-



GREEN RIVER MAKI Laks, wasabierter, wasabipeanøtter, agurk, chillimayones

Allergener: G, F, E

kr. 175,-



AVOCADO MAKI

Tempura scampi, avocado.

Allergener: G, F, SK, S, SE

kr. 175,-



BAKT MAKI

Laksetartar, crabstick, masago, chilimayones, avocado.

Allergener: G, F, SK, S,

Denne retten selges kun på Knapstad.

kr. 180,-



TERIYAKI KVEITE

Tempura kveite, avocado, lakserogn, unagi saus.

Allergener: G, F, S, SE

kr. 190,-



SPESIAL MAKI

8 stk / 8 biter

SERRANO MAKI

Laks, mango, chillimayones, serrano skinke

Allergener: F,SE,E,

kr. 185,-



FUDZIJAMA MAKI

Laks, crabstick, masago, agurk, chillimayones

Allergener: F,SK,SE,E,G

kr. 170,-



SPECIAL FUTOMAKI

Laks, crabstick, kremost, avocado.

Allergener: F,SK,S,SE,E,M,G

kr. 185,-



CRISPY LAKS

Tempura laks, chillimayones, vårløk, ingefær

Allergener: G,F, S,SE, E

kr. 160,-



PHILADELPHIA MAKI

Laks, avocado, agurk, kremost

Allergener: F, SE, M

kr. 165,-



ALASKA MAKI

Laks, avocado, masago, agurk

Allergener: F, SE

kr. 180,-



TRØFFEL MAKI

Laks, avocado, trøffel dressing,
lakserogn, agurk, røkt unagi.

Allergener: F, SE, E, M, S

kr. 185,-



MANGO MAKI

Laks, mango, vårløk, chilimayones

Allergener: F, SE, E

kr. 175,-



SASHIMI

SASHIMI 3 BITER:

Laks	kr. 60,-
Tuna	kr. 70,-8 laks, 1 tuna, 1 scampi,
Scampi	kr. 60,-1 kveite, 1 kamskjell
Kamskjell	kr. 70,-Allergener: F, SK
Kveite	kr. 70,-

SASHIMI MIX 12 BITER

kr. 230,-

SASHIMI LAKS 10 BITER / kr. 200,-

SMÅRETTER

EDAMAME BØNNER MED HAVSALT

kr. 80,-

SPICY EDAMAMEBØNNER

kr. 85,-

Allergener: S, SE, G

GYOZA MED KYLLING 6 stk.

Allergener: G, SE

kr. 95,-

TEMPURA SCAMPI 3 stk.

Allergener: G, SK, S

kr. 80,-

2 stk. VÅRRULL MED KYLING ELLER

GRØNNSAKER

Allergener: G, F, SK

kr. 75,-

WAKAME SJØGRESS

Allergener: SE

kr. 70,-



LANGHUS

Ramen:

Tantamen

Crispy Duck, nori, egg, mais, vårløk, shitakesopp, eggnudler, sesam.

Allergener: S, G, E, SE.

kr . 210,-

Shoyu Ramen

Kylling, egg, nori, eggnudler, shitakesopp, mais, vårløk

Allergener: S,G,E,SE,

kr. 200,-

Tantamen Vegetar

Spicy tofu, egg, eggnudler, shitakesopp, vårløk, mais.

Allergener: S,E,G,SE.

kr. 210,-

Dumplings (Pelmeni)

Allergener: G,E,M,S.

Kylling:

kokte/stekte 10 stk 75,-kr/85,-kr

kokte/stekte 15 stk 105,- kr/115,-kr



Biff :

kokte/stekte 10 stk 75,-kr/85,-kr

kokte/stekte 15 stk 105,-kr/115,-kr,-

SUSHI TERIA

www.sushiteria.no

